

**Saint Mary Faith Formation Office
Confirmation Program**



The Tradition of the Confirmation Saint Name

Saints are people who have been exemplary followers of Christ. As we are initiated into the Church, we become members of the community of Christians who came before us and those who will follow us. We recognize the virtues of the saints who set an example for us of how to be like Jesus.

The tradition of taking on a new name to show a new role can be traced back to the Old Testament. When Abram was called to lead his people to believe in the one true God, his name was changed from Abram to Abraham meaning “the father of many nations.” Again in the New Testament we find Simon’s name changed from Simon to Peter, meaning “Rock” because he was to become the rock upon which Jesus founded His Church.

Your name gives you an identity; it tells others who you are. When you were baptized, your parents chose your name. Now that you are about to be confirmed, it is an opportunity to choose a name you will take as a sign of your growth in Christ and in your Catholic Faith.

Some candidates choose a traditional saint’s name at Confirmation, while others choose to keep the saint’s name that was given to them at Baptism. The choice is yours. Either way, the name should be chosen not because of its attractiveness, but because of the type of dedicated Christian life that person led.

Once you have decided on the name that you will take at Confirmation, please answer the questions listed on the back of this form and return this form by March, 2018.

(See Questions on the Back)

1. Which name did you choose and why? _____

2. Share a brief bit of history about this person. _____

3. What are the qualities that you admire in this person? _____

4. How can you use these qualities in your life to help you be a better follower of Jesus?

5. Name a person in today's society that you feel shares these same qualities and why.

